



Broomfield Barracudas Swim Club

Broomfield Barracudas Swim Club Newsletter

February 2010

Message from the President

We're almost through with Short Course and rapidly approaching the SC State championships. For many swimmers, and parents, SC season has flown by with practices, meets, carpools, school, and other commitments.

Our Club prides itself in offering a professional and competitive swim program. In the next several months, you'll hear more about how our Club is also reaching out to our larger community to advertise our swim program, offering swim safety programs, and attracting kids who may be looking for a sport outside of soccer, baseball, etc. As parents, we may not remember the first day our swimmer(s) entered the pool but we know now how much fun they are having, how they are developing physically and mentally, and that they are safe around water.

Our Club, along with USASwimming (USAS), wants to encourage more children to learn to swim and possibly become competitive swimmers in a sport that can be enjoyed well into adulthood.

USAS recently awarded the BBSC with Level 1 certification (more information below). This is the first step in many levels of accomplishment and recognition for our Team and demonstrates the BBSC commitment to offering a professional, positive and competitive swim program.

We know that there are many kids in our community who are looking for a sport that they can enjoy now and possibly, through high school and even college. Please take a moment to think of your child's friends and how they could benefit from being part of our swim program. Here are some key messages from USAS for the parents of a prospective swimmer.

1. Swimming promotes fitness and teaches a child to strive for physical achievement. Many prominent business, charitable, political and famous individuals are swimmers and credit swimming for their ability to set goals and have a healthy work/life balance.
2. Swimming is both an exciting individual and team sport.
3. Swimming is a healthy "lifetime" activity.
4. Swimming is relatively injury free, in comparison to other youth sports.
5. Swimming teaches the life lessons of teamwork and sportsmanship - which includes learning to deal with winning and losing, being part of a team, and taking coaching in a positive light.
6. Swimming motivates participants to strive for self improvement, to set goals, and to be a positive part of a group.
7. Swimming cultivates a healthy mind and body, and develops self-esteem.
8. Swimming teaches water safety and can prevent drowning.

If your child(ren) have friends who you think would enjoy swimming, speak to your swimmer's coach and they will let you know when to invite a prospective swimmer to an upcoming swim practice.

As with any successful and growing team, our parents and extended supporters are the foundation for the Team. If you haven't become involved with our Team, please consider sending an email to one of our Board members or to our Volunteer Coordinator, Wendy Allee (emails on the www.teamcudas.com). We'll be glad to chat with you and find the perfect spot for you to be an active participant.

Respectfully, Karen Zimmerman, BBSC President

Coaches Corner

Head Coach Tex

Three Barracudas traveled to Lawrence, Kansas to represent us at the Midwest All-Star meet. Against some great competition, Shelly Drozda won the 100, 200 and 500 free as well as the 100 back, 100 IM and 200 IM. Shelly also appears in the National Top 10 lists, posted in the February edition of Swimming World magazine, for being one of the top swimmers in the nation in the 800 free, 200 back and 200 IM in 2009. Jacob Davis, in his first ever All-Stars meet became a champion in the 500 freestyle and the first Barracuda to go under 5 minutes in the 500 freestyle. Kris Kerr represented us well with a 30 second improvement in the 400 IM and a 10 second improvement in the 200 breaststroke, going a club record 2:28.92.

The very next weekend, we hosted over 130 ten & under swimmers in the Cuda Classic, and our young swimmers dominated the meet (see the Broomfield Enterprise article below). At the very same time, we had swimmers qualifying for

	<p>state and even sectionals at the Colorado Open at Denver University and then another great showing at the Winter Districts meet in Greeley, where the Barracudas finished 3rd out of the 9 teams in attendance.</p> <p>2 weeks to Senior State and Silver State! 3 Weeks to 14 & under State! How fast will the Cudas swim?</p> <p>You will now see our long course (LC) schedule on the website, with everything from a team bowling day, where all Cudas can attend, to the Junior National meet, where Cudas have yet to go. To those who aren't familiar with it, the long course season is named after the 50 meter course that you see swimmers racing in the Olympics. While many of our young swimmers have yet to swim in a 50 meter course, and most of their races will continue to be in short course (SC, 25 yards), there is nothing to fear - it's water just the same, so make sure to attend our CUDA/CAC One-Day long course event - it will be a great introduction to long course for you. The July schedule for Northern Colorado has yet to be finished, so you will notice that there are no dates and locations there yet, but please plan out your summer through June now and let's make it our best season ever!</p> <p>Tex</p>
<p>Coach Tom</p>	<p>** From the Broomfield Enterprise **</p> <p>The Broomfield Barracuda (Cuda) swim team hosted its third annual Cuda Classic swim meet Jan. 24 at the Broomfield Community Center. Swim clubs from Evergreen, Boulder and Longmont participated. The pool was packed, full of swimmers and parents eager to participate or watch the local area 10 and under swimmers compete.</p> <p>More than 130 kids swam at the meet, and the Broomfield team had more than 60 swimmers competing. The Cudas swam lights out, and were highlighted by numerous spectacular individual performances. The team was led by the following swimmers who won high-point trophies by finishing in the top three overall in their respective age groups:</p> <p>1st place girls 6 and under -- Kailey Morales 1st place boys 6 and under -- Austin Griffith 1st place girls age 7 -- Margaret Swanson 3rd place girls age 8 -- Marissa Emoto 2nd place girls age 9 -- Sydney Fields 2nd place girls age 10 -- Alesha Bratcher 1st place boys age 10 -- Jacob Hahn 2nd place boys age 10 -- Daniel Bradford 3rd place boys age 10 -- Michael Lusman</p> <p>Other standout performances included Sam Schauf, Noah Schauf and Megan Borfitz, who achieved their first Silver State qualifying times. Additionally, Zach Dietrich, Mikaela Walsh and Diana Montanez swam best times in their races.</p> <p>On the horizon for the Barracudas are winter districts and the state meets.</p>
<p>Swimmers of the month from BCC Red Group Girl ~ Payten Irwin Boy ~ Alexander England</p> <p>Silver Group Girl ~ Annemarie Abeyta Boy ~ Ian Thomas</p>	<p>Red Group Girl ~ Payten Irwin: Payten had a lot of firsts in January. She had her first 8th birthday, her first swim meet, and now her first swimmer of the month award! Great job, and keep up the hard work!</p> <p>Boy ~ Alexander England: Alexander has been working hard all season, and it showed when he dropped almost 15 seconds in a 50 at the Cuda Classic, nice job!</p> <p>Silver Group Girl ~ Annemarie Abeyta: Annemarie continues to work hard, and her steady time drops at both the Classic and Winter Districts were her rewards. For having just aged up she seems to adjusted pretty quick, and she loves the 100 fly!</p> <p>Boy ~ Ian Thomas: Ian also recently aged up, and had a breakthrough month in his new age group. Every time Ian hopped in the water at the meets we began to expect at least a 2 second time drop. Great job Ian!</p> <p>WAY TO GO SWIMMERS! ~Coach Tom</p>
<p>Long Course Registration</p>	<p>The Long Course (LC) parent meeting and swimmer registration will be held on Feb. 21st, from 3:00-5:00 pm, at the BCC. All parents are encouraged to attend to hear a BBSC update, select new Board members, register their child for the LC season, pay their dues and purchase swim gear/equipment from our Club supplier, MISports.</p>

Mark your Calendar	<table border="1"> <thead> <tr> <th data-bbox="352 237 507 266">Date</th> <th data-bbox="512 237 895 266">Meet</th> <th data-bbox="900 237 1082 266">Location</th> <th data-bbox="1086 237 1509 266">Swimmers</th> </tr> </thead> <tbody> <tr><td>March 19</td><td>CUDA Bowling Day</td><td>Nickel St.All</td><td></td></tr> <tr><td>April 10</td><td>Brighton April Fools Meet</td><td>Brighton</td><td>BCC groups</td></tr> <tr><td>April 11</td><td>Suburban League Pentathlon</td><td>Meyers Pool</td><td>White & up</td></tr> <tr><td>April 23-25</td><td>TOPS Spring Open</td><td>Denver University</td><td>A+ swimmers</td></tr> <tr><td>May 2</td><td>CUDA/CAC One-Day LC Meet</td><td>Meyers Pool</td><td>all except A+</td></tr> <tr><td>May 14-16</td><td>Foothills Spring LC Meet</td><td>Carmody Pool</td><td>Silver & up</td></tr> <tr><td>May 21</td><td>Pizza Meet</td><td>BCC</td><td>All BCC</td></tr> <tr><td>May 28-30</td><td>ACES Spring Open</td><td>Lowry Pool</td><td>Silver & up</td></tr> <tr><td>June 6</td><td>Suburban League SC meet by MACS</td><td>TBD</td><td>BCC groups</td></tr> <tr><td>June 9</td><td>CUDA Park Party</td><td>park in Broomfield</td><td>all Cudas</td></tr> <tr><td>June 11 – 13</td><td>NJ Long Course Open</td><td>Meyers Pool</td><td>TBA</td></tr> <tr><td>June 13</td><td>Volunteer for Broomfield Mini Haha</td><td>Broomfield</td><td>All</td></tr> <tr><td>June 18-20</td><td>CSC Summer Invite</td><td>Columbia, MO</td><td>qualifiers</td></tr> <tr><td>June 27</td><td>Boulder Summer SC 10 & under</td><td>Boulder</td><td>10 & unders</td></tr> <tr><td>June 30</td><td>CUDA Water World Day</td><td>Water World</td><td>all Cudas</td></tr> <tr><td>July</td><td>Northern Colorado Gold/Silver District</td><td>TBD</td><td>state hopefuls</td></tr> <tr><td>July</td><td>Northern Colorado Summer Send-Off</td><td>TBD</td><td>all non-state</td></tr> <tr><td>July 20-24</td><td>Western Sectional Championships</td><td>Mt Hood, Oregon</td><td>qualifiers</td></tr> <tr><td>July 28-Aug 1</td><td>CSI LC State Championships</td><td>Grand Junction,CO</td><td>qualifiers</td></tr> <tr><td>Aug 9-13</td><td>Summer Junior Nationals</td><td>Irvine, CA</td><td>qualifiers</td></tr> <tr><td>Aug 10-14</td><td>Western Zone Championships</td><td>Morgan Hill, CA</td><td>qualifiers</td></tr> </tbody> </table>	Date	Meet	Location	Swimmers	March 19	CUDA Bowling Day	Nickel St.All		April 10	Brighton April Fools Meet	Brighton	BCC groups	April 11	Suburban League Pentathlon	Meyers Pool	White & up	April 23-25	TOPS Spring Open	Denver University	A+ swimmers	May 2	CUDA/CAC One-Day LC Meet	Meyers Pool	all except A+	May 14-16	Foothills Spring LC Meet	Carmody Pool	Silver & up	May 21	Pizza Meet	BCC	All BCC	May 28-30	ACES Spring Open	Lowry Pool	Silver & up	June 6	Suburban League SC meet by MACS	TBD	BCC groups	June 9	CUDA Park Party	park in Broomfield	all Cudas	June 11 – 13	NJ Long Course Open	Meyers Pool	TBA	June 13	Volunteer for Broomfield Mini Haha	Broomfield	All	June 18-20	CSC Summer Invite	Columbia, MO	qualifiers	June 27	Boulder Summer SC 10 & under	Boulder	10 & unders	June 30	CUDA Water World Day	Water World	all Cudas	July	Northern Colorado Gold/Silver District	TBD	state hopefuls	July	Northern Colorado Summer Send-Off	TBD	all non-state	July 20-24	Western Sectional Championships	Mt Hood, Oregon	qualifiers	July 28-Aug 1	CSI LC State Championships	Grand Junction,CO	qualifiers	Aug 9-13	Summer Junior Nationals	Irvine, CA	qualifiers	Aug 10-14	Western Zone Championships	Morgan Hill, CA	qualifiers
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Official's Clinics Feb. 20th & 21st	<p>We need more team officials. Our officials provide a very important role in hosting swim meets. Without them, we can not host a meet. If you would like to learn more about this fun way to support your child's team attend a clinic. A stroke and turn clinic will be held Saturday morning, Feb 20th of the North Jeffco Last Chance meet. If you have already completed the stroke and turn clinic and would like to attend a starter's clinic, the starter's clinic will be held, Sunday morning Feb. 21st.</p> <p>Our team Official's Coordinator is Marilyn Kerr. You may contact her at 720-980-6828 or MKKerr@Q.com</p>																																																																																								
Notes from the CUDA Treasurer	<p>Dues and Payment Options</p> <p>Below is the dues structure:</p> <table border="1"> <tr><td>Developmental</td><td>\$55/month</td></tr> <tr><td>Red</td><td>\$195/quarter</td></tr> <tr><td>Silver</td><td>\$225/quarter</td></tr> <tr><td>White</td><td>\$285/quarter</td></tr> <tr><td>Advanced White</td><td>\$315/quarter</td></tr> <tr><td>Senior</td><td>\$345/quarter</td></tr> <tr><td>Elite</td><td>\$390/quarter</td></tr> </table> <p>IMPORTANT REMINDER!! Effective Feb 21st, 2010, with the start of Long Course season, there will be 3 ways to pay your invoice:</p> <ul style="list-style-type: none"> • Automatic Checking Withdrawal (ACH) • Credit Card (CC) • Full Payment of Season Fees by Check <p>Details are now posted on the Team Cuda website. Click on How To -> Make Payments</p> <p>High School Boy Swimmers: If you are, or are not swimming with the team during High School swim season, please notify us ASAP.</p> <p>Fees For Short Course Season: February marks the end of Short Course Season. Per team policy, all Short Course related dues/fees are required to be paid in full prior to Long Course Season. Your February 21st invoice should reflect your Short Course balance.</p> <p>Long Course Season: If you are not swimming during Long Course season, and have not notified us, you must do so prior to February 19th or you will be charged.</p>	Developmental	\$55/month	Red	\$195/quarter	Silver	\$225/quarter	White	\$285/quarter	Advanced White	\$315/quarter	Senior	\$345/quarter	Elite	\$390/quarter																																																																										
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	Please send any questions you might have to cudacash@comcast.net
Auto-Pay FAQs	<p>Q: Can team administrators see my account information? A: No. When you sign up for Automatic Check Withdrawal or Automatic Credit Card payments, the CUDA team administrators can only see the last four digits of your account information (similar to what prints on most receipts). Your information is kept in a secure, encrypted fashion. It is stored under an HTTPS secured connection by a 128-bit encrypted algorithm. Not even you can long back in and see your own information.</p> <p>Q: What if the amount on my invoice is not correct? A: Easy. You will receive an invoice on the 21st of each month, but you will not be billed until the 1st of the month. Contact the business manager prior to the 2nd to last day of the month and your invoice will be reviewed, and if incorrect, adjusted prior to your account being charged.</p> <p>Q: Why the change to auto-payment? A: The answer is in fact, to keep the team's fees and dues to a minimum. Factoring in the team's current size, and growth goals, the role of the business manager, a volunteer position, has grown to a point where it requires approximately 80 to 100 hours per month of their time (a part-time job). The majority of other teams in the Denver area pay either an accountant, or a business manager, to administer their books. Moving to an auto-payment program reduces the amount of volunteer time required, and overall, keeps the team's costs to a minimum.</p> <p>Q: What if I do not want to give out my account information? A: Other Denver area swim clubs have told us some of their members have opened up separate, free, checking accounts at their banks. Their members monitor and keep just enough money in these accounts to cover their fees/dues, thus eliminating any privacy concerns. However, in the event this account does not have sufficient funds, you will be charged an over-draft fee.</p> <p>Q: Why is the team charging a \$4 service charge for credit cards, but checking withdrawals are free? A: In fact, ACH is not free, but the costs are much lower than CC. The team has built the ACH expense into this year's budget and fees. We simply wished to offer CC as an option based upon requests from team members (often other "perks" are offered by their CC companies). The team has no preference, to us, a payment via either program is no different.</p> <p>Q: Debit Cards A: Debit Cards can be used, but they will incur the same fee as a credit card.</p> <p>Q: What if I cancel my credit card? A: You are responsible for keeping all of your information up to date. However, as a reminder, an email will be sent out on the 15th of every month if your card has expired or been canceled, asking you to update your information in the system. If you fail to keep your credit card info up-to-date, you will be charged any fees that the team in turn incurs.</p> <p>Q: What if my account does not have enough money to cover the invoice? A: Please review your invoice sent on the 21st. If your account has a problem, and a fee is charged to the team, you will in turn be charged as well. As with any company you do business with, it is your responsibility to ensure your account is in good standing. We do not plan to mark up these expenses as many businesses do, but they will be passed onto you so that you can reimburse the team for the added expense.</p> <p>Q: Can I use my Pay Pal account? A: No. The system is not set up to accept payment via Pay Pal.</p>
Fund Raising	<p>King Soopers & Safeway gift cards</p> <p>The new King Soopers cards are now re-chargeable; this means you can reload the cards on your own at King Soopers and a credit % still goes toward your family commitment. We are pleased that so many families are purchasing the King Soopers & Safeway Gift Cards and earning a percentage credit towards your seasonal \$50/family commitment. King Soopers & Safeway gift cards are easy to use for the purchase of groceries, grocery store gas, as well as the purchase of other national and local retailer's gift cards (Starbucks, Target, Olive Garden, Sears, Home Depot, Subway, etc.).</p>

	<p>You may purchase the cards, in \$100 denominations, from our Scrip Volunteers: Kellie and Scott Bratcher (scottkellie@earthlink.net). Please email Scott and Kellie to arrange a time to meet, at one of the pools during regular swim practice to purchase your cards.</p> <p>A percentage (%) of each, King Sooper & Safeway script purchased is credited to your swimmer's account and towards your \$50/Short Course, or \$50/Long Course, fundraising obligation.</p>
Board Openings	<p>February's general Board meeting will be held Tuesday, February 16th 7:00 – 9:00pm at BCC.</p> <p>We have two board members whose terms will expire in February 2010. We will vote in two, new, Board members (from parents/guardians of current, BBSC swimmers) at the February 21st LC Parent/Registration meeting.</p> <p>We have been fortunate to have excellent parents/guardians over the years from a myriad of backgrounds and areas of expertise. We encourage any parent/guardian to consider joining the Board and supporting both the Team in an important way. This is a volunteer position and we are grateful for the time and effort given by each member.</p> <p>Board duties include:</p> <ul style="list-style-type: none"> • Attend each regularly scheduled monthly meeting • Attend any executive or special Board meetings • Actively participate in Board discussions, actions and voting • Have daily access to email. The Board conducts many discussions (between regular Board meetings) via email so that Club activities/decisions can take place in a timely manner. • Be visible, in the Club community (at pools, events, meets), as a representative of the community <p>If you are interested in pursuing a Board position, please email the current Board President, Karen Zimmerman: karenzimmerman@hotmail.com</p>
Team Communications	<p>If you have not done so already, please visit the Team web site and register yourself as a CUDA parent. ALL Team communication, meet information, meet registration, and member updates, etc. is done via email. Web site: www.teamCUDAs.com</p> <p>Please contact Laura Peterson with any questions regarding registering as a CUDA parent.</p> <p>The Team does not sell or communicate outside of the CUDAS any personal information including email addresses.</p>